## WHAT IS CLAIMED IS:

1. A device for manipulating and dispensing multiple filaments, comprising:

at least three plates each having at least one machined hole of a predetermined diameter, wherein the at least three plates are configured to adjustably align to one another, and at least one of the at least three plates may be shifted in a horizontal direction with regard to the remaining plates to secure the multiple filaments in the device; and

a holding mechanism configured to orient and support the at least three plates.

- 2. The device of claim 1, wherein the at least one machined hole is configured to permit unrestricted passage of a plurality of filaments in a vertical direction.
- 3. The device of claim 2, wherein the plurality of filaments are capillary tubes.
- 4. The device of claim 2, wherein the plurality of filaments are optical fibers.
- 5. The device of claim 2, wherein the plurality of filaments are light guiding capillary tubing.
- 6. The device of claim 1, wherein a plate pattern of the at least three plates corresponds to one of a 96, 384 and 1536 well plate design pattern.
- 7. The device of claim 1, wherein the holding mechanism comprises:

  at least one tension device configured to actuate at least one of the at least three plates into one of a locked and unlocked position; and

holder means configured to secure the at least three plates into the device.

8. The device of claim 7, wherein the at least one tension device is adjustable.

- 9. The device of claim 1, wherein at least one surface of at least one of the least three plates is machined with a chamfer.
- 10. A method for manipulating and dispensing filaments, comprising: loading a plurality of filaments in machined holes of a device having at least three plates;

shifting at least one of the at least three plates in a horizontal direction with respect to the remaining plates to secure the plurality of filaments into the device; and manipulating the plurality of filaments to permit contact with a sample of an analytical application.

- 11. The method of claim 10, further comprising: analyzing the samples of the analytical application; and unloading the plurality of filaments from the device.
- 12. The method of claim 11, wherein analyzing the samples includes at least one of transferring and dispensing the samples of the analytical application.
- 13. The method of claim 11, wherein unloading the plurality of filaments includes shifting at least one plate in a horizontal direction with respect to the remaining plates to release the plurality of filaments from the device.
- 14. The method of claim 13, wherein unloading the plurality of filaments further includes one of disposing of the plurality of filaments and cleaning the plurality of filaments for re-use.